

## Как начать думать по-английски

Hi guys! When you speak English are you trying to translate into English the Russian phrase you're going to say?? The point is the best way to start talking in English quickly, easily and automatically is to learn to think in English and stop thinking in your native language. When I started learning, in first I was trying to put everything from Russian into English in my head, and only then I finally expressed my thoughts more or less. I needed too much time to say such easy phrases like «Yesterday I did nothing, just relaxed and watched movies» or «How did you spend your weekend?» etc. It's the very easy phases to say, but I had many problems with them. I was very slow.

And I worried about it a lot, actually. After two months of learning I was still slow and I needed much time to say something in English. In the article «How to learn English» I told you, that first 2 or 3 months are the most difficult ones and it's very important no to give up this time. In about 4 months of learning I saw a good progress and suddenly realized that I didn't think so much about translation anymore. Words just came out of my mouth and I spoke much more freely. That was an amazing feeling really. Of course I made mistakes, but I stopped thinking in Russian and just spoke English automatically.

Different people need different time for that. The most common period of time is about 5-8 months of hard learning. If you do your best, learn hard, be sure that I'll succeed. Put your worries and doubts aside. If you work hard, you'll start to speak English easily [anyways](#). This is my opinion.

So what's your question? Do you try to translate the Russian phrase into English when you speak? If yes, then you still think in Russian. I'd like to give you some pieces of advise about it.

How to learn to think in English?

1. Stop think a lot about Russian (your Cap^^). British people think absolutely differently! Try just to express your thoughts in English, no matter how many mistakes you make. In some period of time of such practise you'll get rid of these mistakes. Believe me.

2. DON'T think about Grammar. Forget about grammar when you're speaking. As more you think about it as more you get slow.

When people come to English speaking country, in less than one year they can speak English very well. Nobody teaches them Grammar at all. They just practise their conversational language and improve it day by day. Think about it.

3. Try to speak English as more as you can. I wrote about the resources where you can do it absolutely for free in the article «Where to talk in English».

4. Try to write little essays in English. I wrote that it's very important in the article «Essay in English».

5. Try to get rid of the language bar if you have one. You can find my thoughts about this point in the article «How to overcome the language bar».

6. Be positive and never give up! Do your best and just remember «The change of the language is the change of thinking» ©!

Keep learning English and take care, guys!